

To enjoy the wine you don't have to be an expert, but the more we learn from something, the more we enjoy it, right? Through TASTING IN ESSENCE we try to create a conductive thread between the essences of wine and people.

"The essence is invariable and permanent and constitutes the nature of things. It is a notion that refers to the characteristic and most important of one thing. The essence is the persistent reality, it will remain intact. The term comes from Latin, which in turn derives from a Greek concept". (bibliographic source)

It is also called essence to the concentrated liquid extract of a substance, generally aromatic. The essences can be also perfumes or aromatic substances.

Díd you know that the most powerful sense man has for tasting, is smell? Wine is a true aromatic microcosm.



The essence of wine is born in the vineyard and in its transformation.

In the tasting I always look for the character of the wine according to its profiles terroirs, chromatic, aromatic and taste, emphasizing the evolution and final in mouth.

Different wines are compared with their certain accompaniments, I mean pairing, which includes doing it with music too, because I do not conceive the tasting without it... Wines are tested carefully, appreciated and subjected to our senses, in order to achieve satisfaction.

 Stimulation = organ of the senses = feeling (reflection) = perception (phonetic expression)



The wine contains more than 500 chemical substances that when they are in appreciable doses for the human being, stimulate us and reach the brain that evaluates and synthesizes them to compare with previous memories with which it is associated.

When the brain recognizes the stimulus caused by the characteristics of the wine, it produces what is called perception: the stimulus becomes an interpretation.

Wine tells us many stories and from many perspectives. Some have made reference to the vineyard and its cultivation. Others speak of their origin, of their legends and of the way in which the wine was incorporated into our lives.

Sip by sip, discover its mysteries, its myths, its aromas, its perfume, its emotion, its origin, generate inspiration, inhale art, feel that evokes us, and that provokes us, like a painting to contemplate it.





A captivating journey through the culture of wine and its many aspects. A different, exclusive and unforgettable way to fall in love with wine. My Encounters with Wine Mailblog de vino Irene Sayas